

Dr. Ray Castellino, D.C., RCST® is an internationally known leader, researcher and teacher in the field of pre and perinatal somatic psychology. He is the creator and director of the Castellino Prenatal and Birth Therapy training, and co-founder and Clinic Director of BEBA (Building and Enhancing Bonding and Attachment): A Center For Family Healing. He has taught nine previous Foundation Trainings since 1995, facilitated hundreds of Process Workshops in the revolutionary format he pioneered, and has worked with children and their families at BEBA since 1993.

Mary Jackson, R.N., L.M., RCST® has over 30 years experience as a home birth midwife providing prenatal care, home birth, postpartum care, water birth and prenatal and birth trauma counseling. Since she began this work, she has assisted 44 consecutive home births without transfer to the hospital, and with every baby nursing.

About Connections

Coming into Relationship

Ray and Mary travel to offer experiential professional workshops, and have a private practice where they support both adults and families. Families come for support in preparation for conception or birth; and after birth, for support with bonding, attachment, and breastfeeding. Ray also attends some births with Mary.

Testimonials

“Ray Castellino is at the forefront of a healing movement In his work with infants and children, Ray extends a sensitivity and grace in healing early trauma that is revolutionary, compassionate and effective. It is a privilege and a gift to study with this man.” - Peter Levine, Ph.D., Developer of Somatic Experiencing

“Ray’s training has brought a deep level of compassion and sensitivity into my life and my work. Ray’s ability to teach from a learner’s perspective makes the work easy to absorb. A kinesthetic ‘knowing’ seems to grow spontaneously. His work with babies and families is truly awesome. In accessing the brilliant clear consciousness of the pre-nate, the birth work gives a powerful resource for resolving early trauma.” - Anna Chitty, R.P.P., RCST®

“I felt that the depth of support provided by Mary’s presence, the added compassion and insight from her core knowing contributed beyond measure to the quality of my experience. Ray is always profound, and his interaction with Mary is a joy to behold. This is a partnership for our future.” - Catherine Stone, doula

“I feel like I peeled off another layer of my mask and I am a more real person. I feel so empowered from deep within me, like I found my fulcrum.” - Annapurna

Castellino

Prenatal and Birth Therapy

Training



“Womb Surround” Process Workshops & Foundation Training

with Ray Castellino, D.C., RCST®
& Mary Jackson, R.N., L.M., RCST®

Next training starts summer or fall
2007 in Santa Barbara, California

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Process Workshops

Process Workshops are four-day, seven-person experiential workshops for professionals, trainees and students. Each workshop begins with a review of basic interactive, empathy and contact skills so that participants are actively able to support each other during the workshop, creating a safe and nurturing “womb surround.” Each participant receives a 2-3 hour session with group support during which he or she explores physical and emotional patterns of prenatal and birth origin. Each session is followed by individual and group debriefing, integration processing and discussion.

“Finally! After 35 years as a professional counselor, I found the integration of modalities, body-centered and more that give real solution to lifelong, destructive patterns of meeting life. Dr. Castellino is a gifted master teacher and therapist.”

- Cristina Casanova, psychotherapist

Tools used include energy awareness, craniosacral work and other touch and empathy skills. The purpose is to heal and repattern early trauma and current dysfunctional behavior. In addition to healing prenatal and birth trauma, this process has the principle impact of encouraging loving bonding within primary relationships.

“I absolutely loved being supported by the combined wisdom and deep perceptiveness offered by Ray and Mary. There was a joyful, delightful quality in the way they held the space that inspired me to go deeper than I am accustomed to exploring.”
- Erica Longton, UK training grad.

Foundation Training

The Castellino Prenatal & Birth Training empowers practitioners to develop the skills and presence to be able to facilitate people of all ages to resolve and repattern prenatal and birth trauma imprinting. This includes facilitating babies and children in a family setting and adults in individual and small group settings. The training presents a model of prenatal and birth trauma resolution therapy as developed by Dr. Ray Castellino. This training emphasizes practitioner skills development from the inside out.

The next training will begin in mid-2007. Once we secure a site and set firm dates, further information will be available on our website. Please contact us if you are interested in applying.

Prerequisites to Applying:

- Take at least one Process Workshop.
- Take at least a five-day introduction to biodynamic / fluid tide craniosacral therapy or the equivalent.

Components:

- The training is 8 modules of 6 days each, spread over 2 years.
- Four Process workshops.
- Creative Home Projects.
- Communicating with other trainees between modules for peer support.

Module Details:

Each training module covers a specific area of learning. The curriculum is designed to give you an overview of the work and build therapeutic skills in a progressive and layered manner using didactic instruction, facilitation skills and personal experiential exploration. Skills for facilitation of adults in small groups and families in child-centered settings are emphasized throughout the training.

The module topics are - I: Preconception & Conception Journey. **II:** Bonding & Attachment. **III:** Vaginal Birth Imprinting. **IV:** Chemical Imprinting. **V:** Surgical Imprinting. **VI:** Double Binds Part 1, Ancestral Imprinting & Twin Dynamics. **VII:** Double Binds Part 2, Adoption, Abortion, A.R.T. & N.I.C.U. **VIII:** Family & Group Dynamics

“That union of the life work of Mary Jackson and Ray Castellino is magical. The archetypes of mother and father are met by their presence. How perfect for surrounding the birthing womb.”
- Shelle Noble, prenatal yoga teacher