



About Connections

with

Ray Castellino, DC, RCST®
Mary Jackson, RN, LM, RCST®

805-687-2897 • 1105 N. Ontare Rd., Santa Barbara, CA 93105 • www.castelinotraining.com

Dr. Ray Castellino, D.C., RCST®, is an internationally known leader, researcher, and teacher in the field of pre- and peri-natal therapy. He is the creator and director of the Castellino Prenatal and Birth Therapy training and co-founder and Clinic Director of BEBA (Building and Enhancing Bonding and Attachment): A Center For Family Healing. He has taught nine Foundation Trainings since 1995, facilitated hundreds of Process Workshops in the revolutionary format he pioneered, and has worked with children and their families since 1993. He is a registered craniosacral therapist and a teacher at the Santa Barbara Graduate Institute's Pre- and Peri-natal Psychology and Somatic Psychology programs.

"I absolutely loved being supported by the combined wisdom and deep perceptiveness offered by Ray and Mary. There was a joyful, delightful quality in the way they held the space that inspired me to go deeper than I am accustomed to exploring."

~ Erica Longton,
UK training graduate

Mary Jackson, R.N., L.M., RCST®, has over thirty years of experience as a home birth midwife, providing prenatal care, home birth, postpartum care, water birth, and prenatal and birth trauma counseling. Since she began applying the principles learned in the Castellino Foundation Training, she has had an unprecedented rate of home births without transfer to a hospital, with all babies nursing. She is also a registered craniosacral therapist and a teacher at the Santa Barbara Graduate Institute's Pre- and Peri-natal Psychology and Somatic Psychology programs.

Upcoming Process Workshops:

- **With Ray only:**

- Early-Mid July in Santa Barbara
- Aug 20-24 in Sebastopol

- **With Ray and Mary:**

- July 24-28 in Santa Barbara

• **Womb Surround Process Workshops** are four and a half day workshops, with around seven participants each. They are life-transforming in themselves, and also prerequisite to the Foundation Training. Each workshop begins with a review of basic interactive, empathy and contact skills so that participants are actively able to support each other during the workshop, creating a safe and nurturing "womb surround." Each participant receives a two to three hour session with group support during which he or she explores physical and emotional patterns of prenatal and birth origin.

See other side for more services offered by Ray and Mary.

“Ray’s Process Workshop is one of the most profound, healing and informative workshops I’ve ever experienced. His principles ensured the safety and integrity of the experience. The way he prepares the surround to receive and support the participant is masterful. His structure for checking in negotiating turns and sharing after each turn informed and deepened the process. This is an experience I will never forget. I look forward to seeing how my intentions unfold into everyday practice.”

~ Priscilla Chaveyz-Reilly, M.S., retired head of NYC guidance counselors

• **Private Sessions with Ray and Mary** are available in Santa Barbara:

- for individual adults and couples to facilitate exploring early imprinting and relationship dynamics
- for childbearing families from preconception through pregnancy, birth, and beyond for support with bonding, attachment, and breastfeeding.
- for families with children, newborns through teenagers,

• **Phone Consultations with Ray** are available:

- for local families between in-person sessions
- for local and non-local parents and couples
- for local and non-local individual adults
- for local and non-local health care professionals

“Thank you for a most valuable conversation. Your guidance, insightful and true, will be my walking stick in this most challenging time of transformation.”

~ Cristia Casanova, Psychotherapist

• **The Castellino Foundation Training** is a two-year, eight-module residential training program which empowers practitioners to develop the skills and presence to be able to facilitate people of all ages to resolve and repattern prenatal and birth trauma imprinting. This includes facilitating babies and children in the family setting and adults in individual and small group settings. The next training, beginning in the summer of 2009, will be Dr. Castellino’s tenth training, and the first to be co-led together with Mary.

“Ray’s training has brought a deep level of compassion and sensitivity into my life and my work. Ray’s ability to teach from a learner’s perspective makes the work easy to absorb. A kinesthetic ‘knowing’ seems to grow spontaneously. His work with babies and families is truly awesome. In accessing the brilliant clear consciousness of the pre-nate, the birth work gives a powerful resource for resolving early trauma.”

~Anna Chitty, R.P.P., RCST®

